

Programme

Classroom 1, Mana Wahine, Ground Floor
Morning tea and lunch included

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| 7.45am | REGISTRATION | Mana Wahine, Ground Floor |
| 8.15am | Welcome - LLLNZ 54 years of Mother to Mother Breastfeeding Support | Janine Pinkham (Director LLLNZ) & Robin Jones (Area Co-ordinator of Professional Liaison) |
| 8.45am | Breastfeeding and Maternal Mental Health | Dr Rona Carroll |
| 9.30am | Medications and Mothers Milk | Dr Yvonne Le Fort |
| 10.15am | MORNING TEA | Mana Wahine Foyer |
| 10.45am | Canterbury Tongue Tie Project | Dr Bronwyn Dixon & Dr Juliet Gray |
| 11.15am | Returning to our unsettled dust: (An exploration of the role of non-Māori in Māori breastfeeding) | Kelly Dorgan |
| 12.30pm | LUNCH | Bookstall available |
| 1pm | Assessing and Assisting Breastfeeding in a Practice Setting Addressing challenges beyond the normal | Dr Alexia Chisholm |
| 1.45pm | Breastfeeding News: Research and politics | Carol Bartle |
| 2.30pm | Ask the Experts: Panel Discussion | All Speakers |
| 3.15pm | Closing <i>Please join the main conference in the Auditorium for additional complementary sessions</i> | Linda Dockrill (HP Seminar Co-ordinator) |
| 4pm | Social and Cultural Barriers to Breastfeeding | Dr Amy Brown (PHD) |
| 5pm | Breastfeeding, Birth and Risk | Dr Alison Barrett (MD) |
| 6pm | DINNER | |

The Canterbury Tongue Tie Project – Dr Bronwyn Dixon, Neonatal Paediatrician & Dr Juliet Gray, Special Care Dentist

The evolution of an evidence based community and hospital combined service for Ankyloglossia in Canterbury. This project has resulted in better Lactation support for mothers, improved breast feeding rates and decreased surgical interventions in healthy babies.

Returning to our unsettled dust: An exploration of the role of non-Māori in Māori breastfeeding – Kelly Dorgan, Breastfeeding Health Promoter

This talk will explore the role of non-Māori on Māori health outcomes and on the past, present and future of Māori breastfeeding.

Assessing and Assisting Breastfeeding in a Practice Setting - addressing challenges beyond the normal – Dr Alexia Chisholm, GP

Including how to know what's normal and what needs referral, assessing latch and managing supply problems.

Accommodation: Limited dormitory
Accommodation is available at Rangī Ruru School,
contact preconference@lalecheleague.org.nz

Professional Education Points:
CME & CERPS points applied for

Disclaimer: The opinions expressed by speakers
are not necessarily those of LLLNZ

Unforeseen circumstances may cause some
changes to the sessions



La Leche League NZ

Register on our website NOW
lalecheleague.org.nz

Need more info?

lalecheleague.org.nz/news-events
preconference@lalecheleague.org.nz
Linda Dockrill (021) 135 0246



La Leche League NZ

Ūkaipō, nau mai ki te Ao Mārama
Making breastfeeding visible

Artist: Jane Riley



Health Professionals Breastfeeding Seminar

FRIDAY 5TH OCTOBER
RANGI RURU GIRLS' SCHOOL
59 HEWITTS ROAD, MERIVALE
CHRISTCHURCH

What you need to know to promote and
protect breastfeeding in your practice

Tēnā koutou katoa

La Leche League New Zealand presents this Health Professionals Seminar Day, to be held in conjunction with the 2018 LLLNZ Conference. LLLNZ is delighted to be back in Christchurch, having last hosted a conference here in 2007. It's been a long time coming!

If you are looking for up to date research and evidence based practice knowledge then please register to attend this seminar. This is the ideal context for health professionals to access professional development in breastfeeding and learn more about how to support breastfeeding mothers and their whanau.

All registrations for the Health Professional Seminar include complimentary access to the opening speaker sessions of the 2018 LLLNZ Conference—including presentations by keynote speakers Dr Amy Brown and Dr Alison Barrett.

You are additionally invited to register to attend the LLLNZ conference where you will join breastfeeding counsellors, mothers and babies, and other Health professionals to learn even more about mothering through breastfeeding and the impact breastfeeding can have on parenting and the health of mothers and babies in our society.

We look forward to seeing you there!

Ngā mihi nui

Linda Dockrill

Seminar Coordinator LLLNZ

SEMINAR COST

\$185 early bird, closing 17th August
\$210 standard registration, cost after
17th August - closing 15 September

Morning tea and lunch included

Register now to secure your spot!

lalecheleague.org.nz



Dr Rona Carroll

MD, IBCLC, FRNZCGP

Rona Carroll is a mother of 3 children and a GP with a special interest in breastfeeding support, perinatal mental health and youth health. She is also an IBCLC and La Leche League Leader. Rona has worked in the CCDHB specialist maternal mental health team, and completed a postgraduate diploma in perinatal mental health. She sits on the board of PADA (Perinatal Anxiety and Depression Aotearoa) and the Newtown Breastfeeding Support Centre. Rona works with young parents at a Youth One Stop Shop and also works as a medical sexual assault clinician in Wellington.



Dr Yvonne LeFort

MD, FCFP, FRNZCGP, FABM, IBCLC

Dr Yvonne LeFort is a Canadian trained family physician based in Auckland, New Zealand. She is a Fellow of the Academy of Breastfeeding Medicine and member of the Board of Directors. She has been active in breastfeeding education for physicians and allied health care professionals. She initiated a Breastfeeding Peer Review Group for members of the Royal New Zealand College of GPs who meet regularly through an online platform. Her involvement in helping breastfeeding mothers and babies stretches over 20 years. Her specific interests include breastfeeding pain, the use of medications while breastfeeding, the management of tongue tie. Dr LeFort has established a private Breastfeeding Clinic in Milford on Auckland's North Shore, working closely with an IBCLC to provide comprehensive lactation care for mothers and their infants.



Dr Alexia Chisholm

MBChB, DCH, IBCLC

Alexia Chisholm is a La Leche Leader, IBCLC and GP. She trained in New Zealand and recently returned from Australia where she was working in Women's Health and in General Practice setting, with a large number of Breastfeeding Medicine consultations. Alexia has two school aged children and works in Christchurch.



Kelly Dorgan

RM, DM

Kelly is a registered midwife who is currently working as a Breastfeeding Health Promoter for Te Puawaitanga Ki Ōtautahi Trust. During her 15 years of community midwifery, Kelly held a number of auxiliary roles including chair of the Canterbury/West Coast Region of the New Zealand College of Midwives and LMC Liaison for the CDHB. She has studied herbal medicine and has been studying Te Reo and Tikanga Māori both formally and informally for the last 10 years.



Carol Bartle

RN, RM, IBCLC, PGDip Child Advocacy, MHealSc (Otago)

Carol Bartle has a nursing, midwifery and lactation consultant background. She has a post-graduate diploma in Child Advocacy and a Masters of Health Sciences from the University of Otago. Her qualitative research thesis explores mothers' experiences of initiating lactation and establishing breastfeeding in a neonatal intensive care environment. Major interests include ethics, NICU infant feeding issues and mother-baby well-being, infant feeding in emergencies, climate change and health, the International Code, breastfeeding and infant feeding politics, mother-to-mother peer counselling, and mothers and babies in prison. Carol worked with the Canterbury Breastfeeding Advocacy Service in Christchurch New Zealand, and is a policy analyst with the New Zealand College of Midwives.



Dr Bronwyn Dixon MBChB, FRACP, DCH & Dr Juliet Gray BDS, MSc, FDS RCS Edin

Bronwyn Dixon is a Neonatal Paediatrician from the Christchurch Neonatal Unit. She has an interest in infant feeding and teaching and has been clinical lead of the Tongue Tie Project in Christchurch over the last 3 years. Juliet Gray is a special care dentist at Christchurch Hospital and also works as a clinical facilitator for the Canterbury Health initiative. She enjoys providing oral health care for people with complex medical problems and living with disabilities. Together Bronwyn and Juliet have led a multidisciplinary community and hospital team to focus on evidence based treatment for ankyloglossia in Canterbury, New Zealand.