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| 7.45 am | REGISTRATION | Mana Wahine Foyer |
| 0815 | Welcome &  Role of LLLNZ (including PCP) | Janine Pinkham (Director LLLNZ)  & Robin Jones |
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| 0845 | Breastfeeding & Maternal Mental Health | Dr Rona Carroll |
| 0930 | Medications and Mothers Milk | Dr Yvonne Le Fort |
| 10.15am | Morning Tea | Mana Wahine, Foyer |
| 1045 | Assessment & Treatment of Tongue Tie | Dr Bronwyn Dixon & Dr Juliet Gray |
| 1130 | Supporting Māori Women and Whānau with Breastfeeding | Kelly Dorgan |
| 12.30 | Lunch. Bookstall available |  |
| 1315 | Breastfeeding Challenges | Dr Alexia Chisholm |
| 1400 | Latest Breastfeeding Research Update | Carol Bartle |
| 1445 | Ask the Experts: Panel Discussion | Carol, Alexia, Bronwyn, Yvonne, |
| 1530 | Closing  Please join the main conference for Complementary sessions | Linda Dockrill |
| 1600 | Social and Cultural barriers to Breastfeeding | Dr Amy Brown (Phd) |
| 1700 | Breastfeeding Birth and Risk | Dr Alison Barrett (MD) |
| 6.00pm | LLLNZ Dinner (all welcome) | Please register with main conference |